

12 Steps for Everyone



Saturday, March 3, 2018
From 12:30 - 3:30 pm
Sacred Heart Center
22 Meadowbrook Parkway, Cheektowaga

12 Steps for Everyone, how and why they work in everyday life is the theme of this workshop presented by Sr. Ellie Martinez.

You will enjoy this positive approach to full and healthy living. The purpose of the steps is to improve one's thought processes, one's reactions to events and thereby protect a level of peace and a conscious sense of God's presence within us and around us.

Sister Ellie is a Grey Nun of the Sacred Heart whose 33 years of ministry to those suffering from addiction includes retreats and workshops for non-addicted as well.

**To register or for information, please contact Sister
Sheila Stone, GNSH at 322-0741 or ssone@aol.com**

- A free will offering is appreciated -