‘The Enormousness of Small Kindnesses’
Reflection for Week of June 22, 2020

Recall a moment when you were the recipient of an unexpected gesture of kindness. What did the experience evoke in you?

How might you be more attentive in your daily life to how you can be an instrument of kindness, love, compassion? What might prevent you from seeing these opportunities?

Concluding Prayer
May we carry into this day the mantra, “Be kind to one another, tenderhearted.” Amen.