On the Road to Emmaus

Luke 24: 13 - 33

Now that same day, two of them were going to a village called Emmaus, about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but something kept them from recognizing him.

He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. One of them named Cleopas, asked him: “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?”

“What things?” he asked?

“About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. The chief priests and our rulers handed him over to be sentenced to death, and they crucified him. But we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since this took place. In addition, some of our women amazed us. They went to the tomb early this morning but did not find his body. They came and told us that they had seen a vision of angels who said he was alive. Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus.”

He said to them, “How foolish you are, and how slow to believe all the prophets have spoken! Did not the Messiah have to suffer these things and then enter his glory.” And beginning with Moses and all the prophets, he explained to them what was said in the Scriptures concerning himself.

As they approached the village to which they were going, Jesus continued on as if he were going farther. But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So, he went in to stay with them.

When he was at the table with them, he took bread, gave thanks, broke it, and began to give it to them. Then their eyes were opened, and they recognized him, and he disappeared from their sight. They asked each other, “Were not our hearts burning within us while he talked to us on the road and opened the Scriptures to us?”
They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together and saying, “It is true! The Lord has risen and has appeared to Simon.” Then the two told them what had happened on the way, and how Jesus was recognized by them when he broke the bread.

For Reflection

Imagine yourself as one of the disciples.

- What must it have been like to have lost all hope with the death of Jesus?
  Let the disciples tell you how they felt as they returned home.

- Have you ever felt like these two disciples? When?
  What has caused you to lose hope on life’s journey?

The disciples did not recognize Jesus when he joined them.

- What do you think kept them from recognizing him?
  What keeps you from recognizing the Risen Jesus who desires to be your companion on the way?

- When and how have you recognized Jesus in your life?

- What is it like for you when you are conscious that Jesus is with you and desires to support you with his presence and his grace?

- What does Jesus desire to say to you today?
  What do you want to say to him?